



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	AM	AM	AM	AM	AM
5:30-9:45 Open Gym	5:30-9:45 Open Gym	5:30-9:45 Open Gym	5:30-11:00 Open Gym	5:30-10:45 Open Gym	7:00-3:00 Open Gym
9:45-10:45 Camp Program	9:45-10:45 Camp Program	9:45-10:45 Camp Program	11:00-12:00 *Preschool Program Play	9:45-10:45 Camp Program	
11:00-12:00 *Preschool Program Play	11:00-12:00 *Preschool Program Play	11:00-12:00 *Preschool Program Play		11:00-12:00 *Preschool Program Play	
PM	PM	PM	PM	PM	SUNDAY
12:00-9:00 Open Gym	12:00-4:00 Open Gym	12:00-9:00 Open Gym	12:00-4:00 Open Gym	12:00-9:00 Open Gym	9:00-11:00 Volleyball League
	4:00-5:00 SACC Program		4:00-5:00 SACC Program		11:00-1:00 Open Gym
	5:00-9:00 Open Gym				

*Gym in use during inclement weather. Otherwise open gym is available.

Schedule is subject to change as needed.

For programs with a start date, open gym is available during that time block until the start date of the program.

NAUGATUCK YMCA
284 Church Street Naugatuck, CT 06770
P 203 729 9622 W naugatuckymca.org

FACILITY HOURS

Monday - Friday
5:30am - 9:00pm

Saturday
7:00am - 3:00pm

Sunday
8:30am - 1:00pm

Updated 8/27/2024